



# Susan Tenney, CMT

## Elemental Acupressure

info@ElementalAcupressure.com | ElementalAcupressure.com

---

## CURRICULUM VITAE

---

### 2010 to present

Based in Seattle, WA. Teaching online and on-site courses, and developing ongoing educational projects. Students now come from over 40 countries, studying in three languages — online and in hands-on courses. The Elemental Acupressure Certification Program is now offered at three levels: Foundation, Certified Practitioner, and Advanced Practitioner, providing the most in-depth Five Element-based animal acupressure program available anywhere.

### 2023 to present

Began teaching new equine and canine acupressure courses for Equinology through affiliates EquiLearn (USA) and the Canadian Institute of Equine and Canine Body Works (CIECBW).

### 2010

Relocated to Seattle, WA. Transitioned most courses to online delivery, enabling students worldwide to participate in the Elemental Acupressure Certification Program.

### 2009

“Pferde sanft heilen: Akupressur für Pferde” (Gentle Healing for Horses), published by Elster Verlag, Switzerland.

Published laminated chart series through Year of the Horse Press — each chart available for dogs and horses in English, French, and German; cat series in development.

### 2006 to 2010

Lived in Bern, Switzerland. Worked with clients and taught the Elemental Acupressure Certification Program alongside co-founder, husband, and EnergyWork™ instructor Jonathan Cohn.

### 2004

Inception of the Elemental Acupressure Certification Program in Switzerland.

“Practical Acupressure: Basic Acupressure for Horses” — English language edition published.

### 2003 to 2004

Taught the animal acupressure curriculum for AnimalSpirit professional animal care program, Switzerland.

### 1999 to 2004

Taught equine acupressure courses for equine bodywork professionals through Equinology in California, England, and Canada.

### 1998

Equine massage therapist with Jonathan Cohn for the Swiss National Endurance Team at the World Endurance Championships, Dubai, United Arab Emirates.

### **1998 to 2001**

Developed and led the equine massage/acupressure certification program at Mascot Ausbildungszentrum, Switzerland.

### **1997**

Leader of the massage crew with Jonathan Cohn for the Pacific North Team at the Pan American Endurance Championships, Bend, OR. Client won individual gold medal.

Attended the Tevis Cup 100-mile endurance race, Auburn, CA — client won first place.

Presenter at the Pacific Northwest Endurance Riders convention, Portland, OR.

### **1996**

Leader of the USET massage crew at the Endurance World Championships, Fort Riley, KS. Clients won individual gold and silver medals and the Team gold medal.

First working trip to Switzerland — taught private clinics and worked with individual clients.

### **1996 to 1998**

Regular columnist: “Acupressure in Action” for The Whole Horse Journal.

### **1995**

Equine massage therapist with Jonathan Cohn for the Pacific North Team at the North American Endurance Championships, Flagstaff, AZ. Clients won individual and team gold medals and the coveted Best Condition award.

Taught first acupressure course: “Introduction to Acupressure” at Santa Rosa Junior College, Agriculture Extension Program, plus privately hosted courses.

### **1994**

Member of the USET Endurance Team massage crew at the World Equestrian Games, Den Haag, Netherlands. The Endurance Team won the US’s only gold medal of the entire Games (individual gold).

### **1993 to 1998**

Regular participant as equine massage therapist at FEI-level endurance races. Client completion rate averaged over 90%, compared to a general completion rate of approximately 60%. Clients include multiple World and U.S. National Champion horse and rider teams.

### **1993 to present**

Full-time equine shiatsu massage/acupressure practitioner.

### **1992 to 1993**

Completed human massage California state certification at the Shiatsu Institute of San Francisco. Followed by ongoing training in all aspects of animal massage, bodywork, and EnergyWork™, including: Classical East Asian Medicine, Five Element acupressure, anatomy and biomechanics, qi gong, teishin practice, and holistic animal care.

### **1986**

Graduated Cum Laude, Wellesley College, Wellesley, MA. BA, Art History.

### **1969 to 1982**

Dedicated riding student (primarily English seat with a focus on jumping). Consistent involvement with horse care and teaching basic equitation at a local New Hampshire barn and YMCA summer camp.